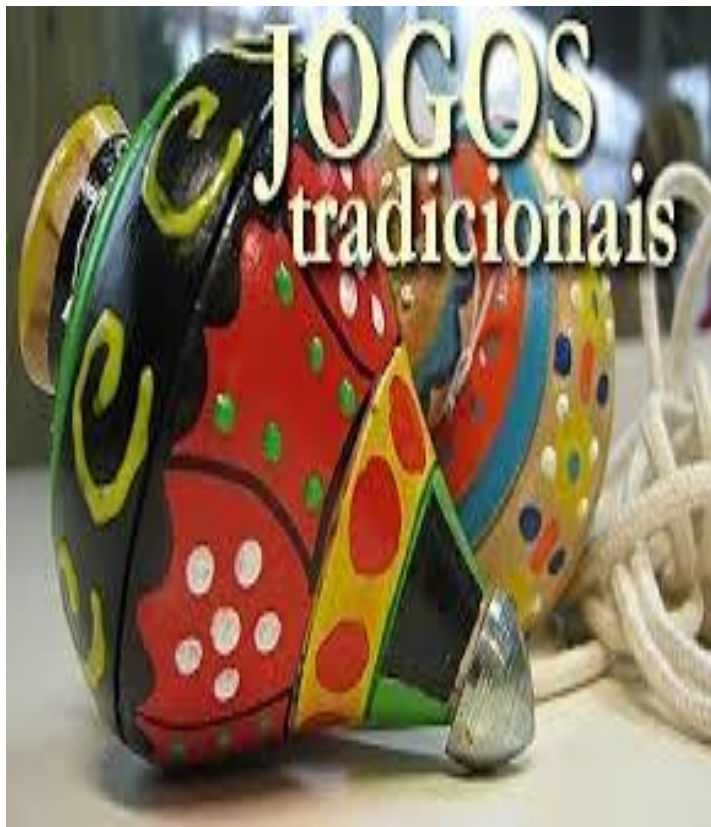


Ga.M.E.S.Net - European cultural diversity through the promotion and protection of traditional sports and games

Preparatory Action: European Partnership on Sports (EAC/S03/2013) - Priority 3: Promote Sport and European Traditional Games - GA N.º EAC-2013-0489];



Traditional games

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Agrupamento de Escolas
Dr. Júlio Martins



MUNICIPIO DE CHAVES



Session plan - Index

<p>SCHOOL Doutor Júlio Martins</p> <p>Theme: traditional Games</p> <p>Academic year: 2014/2015</p> <p>Date: February.</p> <p>Group: 100 grams</p>		<p>OBJECTIVES:</p> <p>Transmitting knowledge about the topic;</p> <p>Acquire practical research, preparation and presentation of works;</p> <p>Serve as an assessment tool.</p>	
STEPS	Time	CONTENT	METHODOLOGY
INTRODUCTION	5 min	<ul style="list-style-type: none"> • Presentation of the work; • Session plan presentation; • Introduction to the topic. 	Expository using PowerPoint.
DEVELOPMENT	20 min	<ul style="list-style-type: none"> • Several type of games 	Expository using PowerPoint.
CONCLUSION	5 min	<ul style="list-style-type: none"> • Summary of the main ideas; • Clarification of doubts. 	Expository using PowerPoint.

➤ **Introdução:**

The traditional Portuguese games are a critical piece of our identity because report the history and culture of our country. There are several types of traditional children's games, traditional games, traditional games for seniors and traditional regional games.



Marco Polo Game

Sack race

Hopscotch

Stick game

Ring set

Marble game

Snail game

Axle Kit

Noughts and crosses

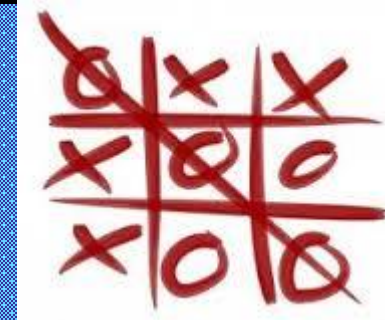
Scarf Kit

Game of dreidel

Nail game

GAMES

- Game of Dreidel
- Game bags
- Marco Polo Game
- Hopscotch
- Noughts and crosses
- Nail game
- Cootie game



Top game:



- **Number of players:** Various.
- **Material:** A spinning top and a rope to each player.
- **How to play:** Before shooting the spinning top, you must wrap the Twine around you, without breaks. The Twine is secure by hand by the free end. When unfolds, with the boost of the hands, pull the back baraça, does it spin. When the clutch is released with great intensity it is said that the play is "much". To play around, or big streak marks on the floor a circle game that you may have about a meter and a half. Players must design its top towards the circle.

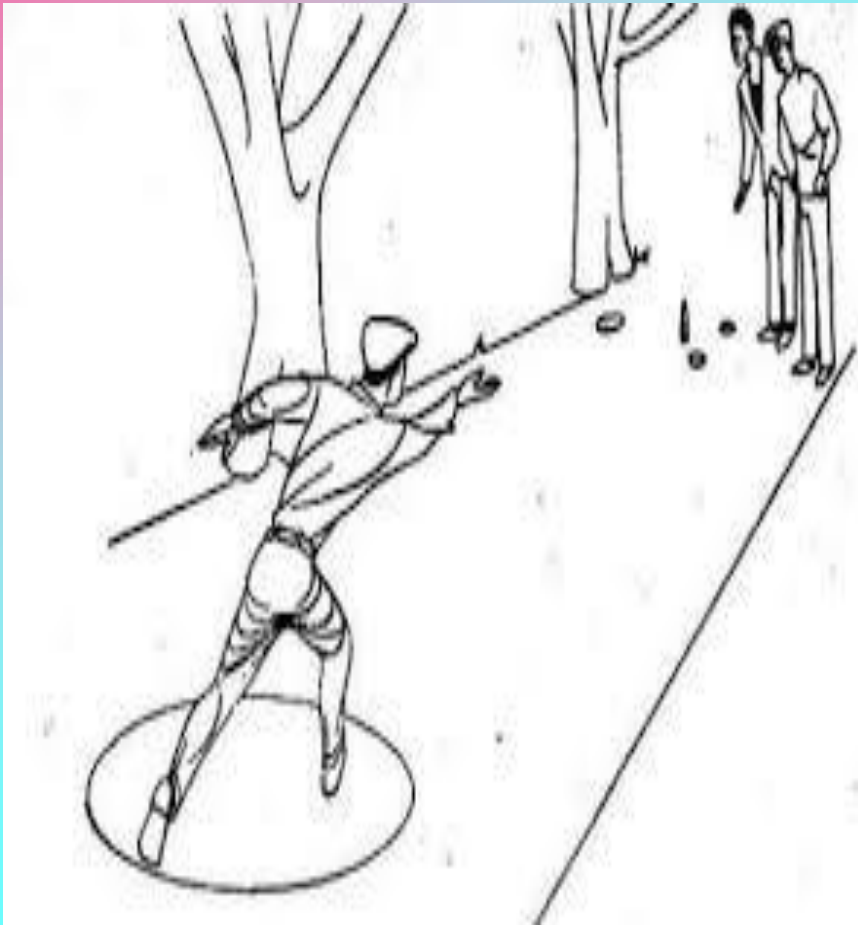
Marco Polo game



- **Number of players:** 4 or more.
- **Material:** Opaque Scarf.
- **How to play:** A player is chosen randomly to be Marco Polo.
- The eyes are blindfolded with the handkerchief and then the player will try to catch one of the others. The blindfolded player has to figure out what the name of the player who caught.

Hopscotch

- **Number of players:** 2 or 4 players. Or 2 teams of 2 elements each.
- **Material:** 2 sticks and 2 meshes and pins.
- **How to play:** A flat terrain and plan are placed the clubs whose aim is to bring them down. Pins will be placed at a distance of 15/18 meters of cocks, para os jogadores lançarem as respectivas malhas atrás dos pinos colocados à distância. Plays an element at a time.



The objective is to shoot down the stick with the mesh or put the fabric as close as possible to the PIN, launching it with the hand.

• Noughts and crosses

- **Number of players:** Two.
- **Material:** Sheet and pen.
- **How to play:**
 - The Board is an array of three rows by three columns;
 - Two players choose an appointment each, usually a circle (O) or a cross (X);
 - Players play Alternately, an appointment at a time, a gap that is empty;
 - When a player wins the aim of the game tend to scratch the 3 symbol in an oblique line.



Nail game



- **Number of players:** 4 to 5 players.
- **Material:** Nails, a box of sand or loose soil that allows stick nails.
- **How to play:**
 - Each participant will have to stick the nail (which should take about 15 to 20 cm) in the sand, the spout, in different ways according to the way of the shoot, using often the imagination: taking it with your fingers (two, three, four); or giving it effect with other parts of the body, such as arms, legs and thighs.
 - The player continues to play while the nail stick; When you can't, stop playing, getting the nail in place where it fell. The following players respect how to shoot the nail, and repeat the exercise done by the first player. In addition to dig the nail, players must, at the same time, browse hit the nail on the sand, which, happening, will eliminate the owner of this game's nail.

- ◆ **Sack race**

- **Number of players:** the evidence may be individual or in teams.
- **Material:** bags, preferably in Burlap.
- **How to play:** The aim is to traverse the distance indicated in the shortest time. The players, should hold the bag with both hands. The contestant who leave in the bag during the course, will be disqualified. If the evidence is for teams, the team will also be disqualified. If it is for teams, the winning team will get a greater number of points resulting from the sum of its players.



Cootie game

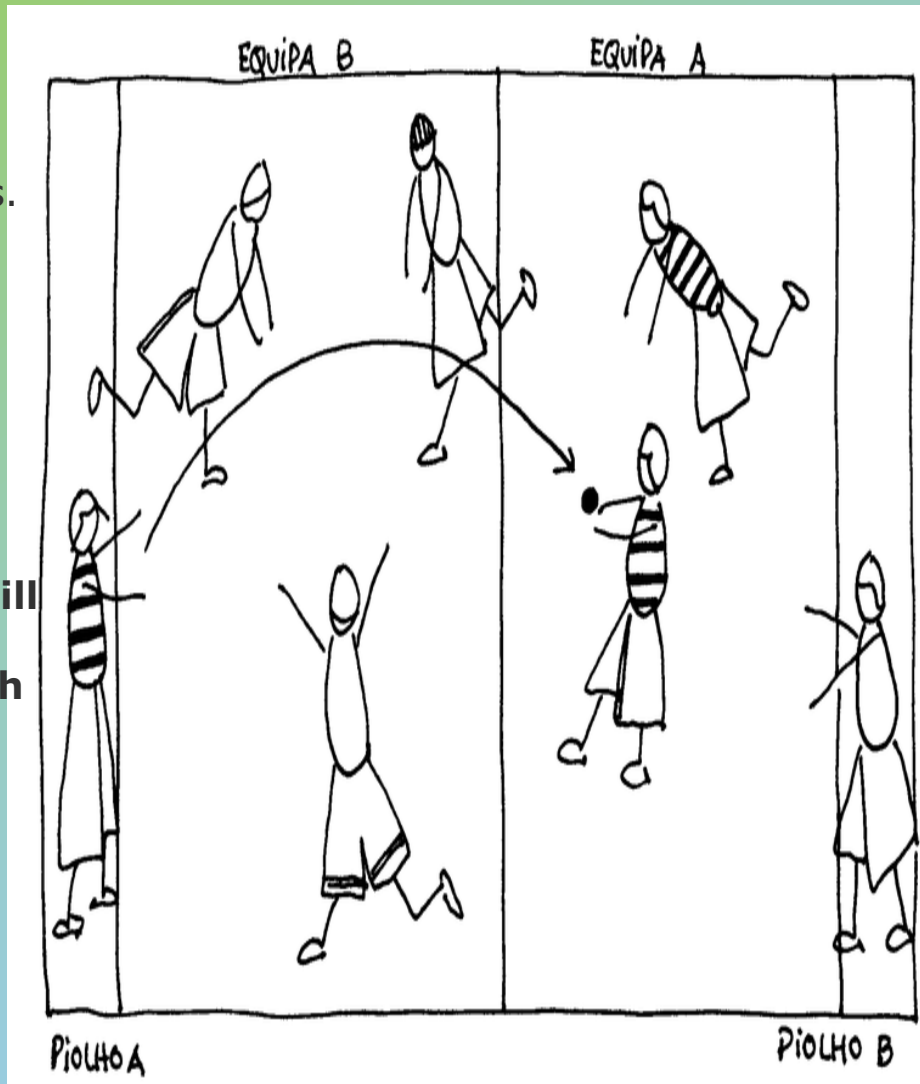
Number of players: minimum of four players.

Material: a ball and a place to play.

Before you start the game draw three parallel lines on a flat terrain at an equivalent distance.

The aim of lice is to pass the ball to other lice without the players inside the lines will be able to grab the ball, if one of the players grab the ball Exchange places with the louse.

Players inside the lines they can't overcome.



What game do
you prefer?





ADVANTAGES

HELP ON SOCIAL COEXISTENCE
HELP TO KEEP MIND AND BODY
HEALTHY

OPPORTUNITY TO MEET OUR CULTURE
CAN BE PRACTICED BY VARIOUS AGE
GROUPS.

CONCLUSION

The Traditional Games can be practiced by all ages, in very different situations, with materials easy to find or build; For children, young adults and seniors are important so far as they require different capacities and stimulate your imagination allow several adaptations.

This games allow the communication between people of equal or different ages and groups.

The Traditional Games is a part of our culture and it would be a shame to lose that part of us .

This work only mentioned some of the oldest traditional games of our country.

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